

Teen accused of killing senior

◆ Arrest made Sunday in death of widowed cat lady ◆ A neighbour called police on Friday after noticing the back door had been left open ◆ Police say 15-year-old Dartmouth boy is already known to them

A teenager has been arrested and charged with the murder of an elderly woman from Dartmouth.

A woman in her 70s was found in her Jackson Road house on Friday afternoon.

Police arrested a 15-year-old boy in Dartmouth at 12:17 p.m. on Sunday. He appeared in youth court Monday, charged with first-degree murder, robbery, break-and-enter and breach of his conditions. A man was also arrested in Dartmouth Monday morning just before 7 a.m.

Halifax Regional Police spokesman Const. Brian Palmeter said no charges have been laid against the man as investigators determine what, if any, involvement he had in the murder.

"There were enough grounds there to arrest him in connection to this incident, and at this point he's still with us," Palmeter said on Monday afternoon.

"We haven't ruled out additional charges and we'll continue to follow the evidence as we obtain it"

Meanwhile, there is a delay in officially confirming the identity of the victim.

"I don't believe there's anyone locally who can do an identification, so they're trying to find a way 17
The number of homicides in HRM this year.

to do it," Palmeter said. "You either do it by visual or another method. So you'd do it through DNA or dental records, but I don't think they've been able to get the information to compare it to."

Although police are not officially identifying the woman, Metro has learned her name is Lavinia Campbell.

Next-door neighbour Michelle Halliday said kids were always cutting through Campbell's yard.

On June 23, 2009, police were called to Campbell's house for a break-and-enter. Two young offenders were charged in that incident.

Halliday remembers her widowed neighbour as a kindly cat lady who owned upwards of 30 cats until last year, when the SPCA stepped in and put some of them down due to illness.

Halliday said her neighbour had about 13 cats at the time of her death

JENNIFER TAPLIN





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Man turns himself in regarding bar death

JENNIFER TAPLIN @METRONEWS.CA

A man turned himself into police Monday afternoon to speak to police about the death of James Philip Mattatall.

Mattatall, 23, of Dartmouth was killed in a fight outside the Toothy Moose Cabaret on Argyle Street early Saturday morning.

On the weekend, police

released a photo of a man taken from the bar's surveillance cameras. While not necessarily a suspect, police believe he may have information crucial to the case.

But Const. Brian Palmeter wouldn't say if the man who turned himself in on Monday was the same man in the surveillance camera image. He said a man is in

police custody and investigators are speaking to him.

Police were called to the bar at around 3 a.m. on Saturday.

A fight had erupted in the bar and continued outside. Police are unsure if Mattatall was involved in the fight inside the bar, but outside he was struck and knocked to the ground by another man.

Contact police

Information. Police are asking for anyone who was in the area that night who may have information relating to the case, including cab drivers who might have picked up a suspicious fare, to contact them

Investigators believe the person who assaulted Mattatall fled on foot in a southerly direction from the Toothy Moose.

He was rushed to hospital but he died later Saturday at 1:38 p.m.



For more local news visit metronews.ca/halifax

RYAN TAPLIN/ME

Father to testify in baby-death trial

Rahman is scheduled to begin testimony on Jan. 3

The father of a baby who died more than two years ago at a hospital in Halifax will testify at his manslaughter trial in January.

Ashiqur Rahman, 25, has pleaded not guilty to manslaughter and aggravated assault in the July 2009 death of seven-week-old Aurora Breakthrough.

Lawyer Donald Murray told Judge Felix Cacchione of the Supreme Court of Nova Scotia on Monday that his client has chosen to testify.

"I think he (Rahman) will be able to make a good contribution to the evidence available to the judge," Murray said outside court.

The Crown introduced two emails on Monday that Rahman sent to Aurora's mother, Jane Gomes,

Jane Gomes



- Jane Gomes was recalled to testify Monday after court heard police hadn't disclosed the email evidence to the Crown earlier in the trial.
- Crown attorney Denise Smith said the material wasn't disclosed to the Crown because of technical and human error.

about a technology business he created in January 2009.

At the time they had left their computer science

studies at Acadia University in Wolfville, N.S., and had moved into a small apartment in Halifax.

In the email, Rahman offered Gomes a job for a product he created called Maxwind. He signed the email, dated Jan. 8, 2009, as the chairman and chief executive of Lastfuture Inc.

Two weeks later, he sent another email to Gomes that said: "I am not hiring you now considering your current competence."

Gomes said she didn't know what she was doing incorrectly or why her partner had decided against hiring her.

Outside court, Crown attorney Denise Smith said the emails help give the judge a sense of the relationship between the couple.

THE CANADIAN PRESS







More and more of China's Communist Party members are flouting compulsory atheism, much to the consternation of top officials. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at

On the web at metronews.ca

These days, the best indicator of how the North American markets will perform is not North American data, says Allan Small, but European data. More at metronews.ca/investing



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Police officer



A veteran police officer is facing impaired driving charges after a crash over the weekend.

Halifax Regional Police say Sgt. Kevin Tellenbach was off-duty and driving an unmarked police vehicle when he crashed in the area of Magazine Hill and Dartmouth Road shortly after midnight on Saturďay.

Spokesman Const. Brian Palmeter said police were called and the responding officer noticed signs of impairment.

It was a single-vehicle crash and Tellenbach, 52, was not injured.

"The vehicle seized, but I don't know if that was as much to do with the location as it was the condition of the vehicle. I know the vehicle was damaged, but the ex-

Sgt. Tellenbach

Sgt. Kevin Tellenbach is a 29-year veteran of the Halifax Regional Police and received a long-service award in 2008.

tent I'm not aware," Palmeter said.

Tellenbach is facing two charges: impaired driving and having a blood-alcohol level exceeding the legal limit. But Palmeter wouldn't say what Tellenbach's bloodalcohol level was.

"We aren't providing the specifics because that would be evidence," Palmeter said.

Tellenbach will appear in Dartmouth Provincial Court on Jan. 31 and he has been suspended pending the outcome of the charges.

Resident wakes up to find man sleeping in his home

A Dartmouth homeowner awoke Monday morning to find a strange man in the house.

Halifax Regional Police received the call regarding the bizarre

incident shortly before 7 a.m. in the 200 block area of Albro Lake Road.

"A resident woke up to find a person asleep in their home," said police spokesman Const. Brian Palmeter. "We arrived, located the person in the home and took him into custody.

As of Monday afternoon, the suspect was still in police custody, but no charges had been laid.

Police officer charged with impaired driving **Expect Petty tickets** to go fast: Promoter

▶ Best seats run over \$200 ▶ Tickets go on sale tomorrow for May 31 show



promoter bringing Tom Petty and the Heartbreakers to Halifax doesn't expect tickets to last long when they go on sale to the general public on Wednesday morning.

"I'm pretty confident it's going to sell out within a couple of hours ... even if it takes that long," David Carver said on Monday.

Earlier this month, Carver announced the legendary rockers would be coming to town in one of two Atlantic Canada stops in the spring of 2012, but an exact date wasn't final-

That changed on Monday morning, as Petty fans learned the concert would take place on Thursday, May 31.

Tickets go on sale Wednesday at 9 a.m. through Ticket Atlantic and cost \$206.50, \$183.50 and \$103, including taxes and service charges.

Some on social media Monday felt the prices were too high, but Carver said it's not cheap to bring big acts like this to Atlantic Canada.

He noted also it's less expensive seeing Petty play in Halifax than paying airfare and a hotel to see them elsewhere for a cheaper



"Doing shows in Atlantic Canada, artists like to work only so many days in a week, and it takes a day or two to get to the East Coast," he said. "It's a very expensive proposition for anybody."

The cost didn't prevent people from gobbling up tickets quickly in Newfoundland and Labrador.

Tickets for Petty at Mile One Stadium in St. John's on June 3 went on sale Sat-

One time only

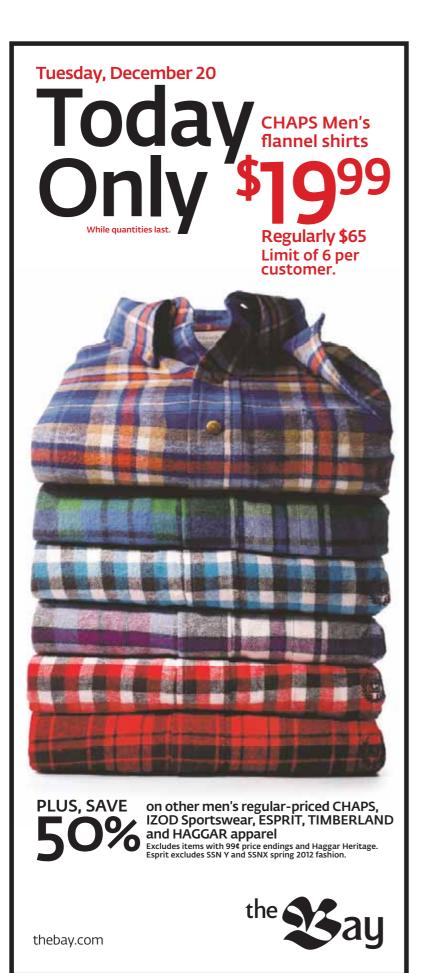
Promoter David Carver said there would only be one show in Halifax, no matter how quickly the show sells out.

urday at the same prices as in Halifax and sold out in minutes. A second show was then added for June 2, with only a few tickets remaining as of Monday.

Members get first dibs

Fans that were members of The TomPetty.com Highway Companions Club before Monday's show date was announced will have access to tickets first over the general public. Pre-sale for these fan members runs today from 10 a.m. to midnight.





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Trade ban will hurt seal hunt: Activist

Animal welfare activists say Canada's embattled commercial sealing industry is threatened with imextinction because it is losing access to its largest market: The Russian Federation.

The International Fund for Animal Welfare said Monday it has obtained a document from the World Trade Organization showing the federation has banned importing of all harp seal pelts.

We were pretty excited to find the document," said Sheryl Fink, director of IFAW's seal program.

"We've got confirmation from our Russian office that this is in fact a trade ban. We're curious to see how the government of Canada is going to respond to this. ... It should have a huge im-



pact on the Canadian sealing industry."

Fink said the ban represents a major victory in the group's 40-year campaign to persuade people that Canada's seal hunt is inhumane and unneces-

Officials at the Russian Embassy in Ottawa did not return messages seeking comment. Canadian officials said they were aware of the document but could not confirm its

In response to a request for comment, the Department of International Trade said in an email the federal government is committed to defending the sealing industry. The email did not address what impact the ban could have on the industry nor what specific action Ottawa is taking, if any, in response. The department declined an interview request. THE CANADIAN PRESS

Fishing politics

Though Canada's sealing industry represents a tiny fraction of the East Coast's fishing industry, the annual hunt looms large on the region's political landscape.



Bishop wants credit for time served

Lahey attracted to males aged 14 to 17, expert says • Case has rocked his former archdiocese of Antigonish



A former Nova Scotia Roman Catholic bishop caught with child pornography at the Ottawa International Airport two years ago isn't a pedophile, a forensic psychiatrist told a court on Monday.

Former bishop Raymond Lahey is a hebephile, sexually attracted to male teens. said University of Ottawa forensic psychiatry chief Dr. John Bradford, who has examined Lahey.

Bradford testified there is little to no chance the

former bishop would commit a sexual or violent "hands-on" offence if released. But Bradford said there is no way to scientifically determine the chances of Lahey re-offending with child porn.

Lahey looked thinner than when he appeared in court in May. His lawyer, Michael Edleson, will be asking that Lahey get the mandatory minimum oneyear jail sentence, with two-for-one credit for the seven and a half months he spent in pre-sentence cus-

The federal government passed a law ending twofor-one credit in February 2010, but Lahey was charged in 2009 after the September incident.

If the judge agrees that the new law doesn't apply, Lahey will be eligible for probation.

The crown wants an 18to 22-month jail sentence, with no double credit because the new legislation was already in effect when Lahey voluntarily turned himself after pleading

Crown arguments

The crown is expected to present sentencing arguments in court on Tuesday.



withdraws from former band chief's fraud case

Pictou Landing's former band-council chief is facing charges of defrauding Sobeys of more than \$1,200 while she was the

Aileen Marie Francis,

frauding the New Glasgow Sobeys of \$1,269.60 between July 10 and 11.

Francis appeared briefly in Pictou provincial court Monday, where her lawyer withdrew from the case because he said he'd had significant problems contacting her.

He attributed that to a recent change in employment. In papers filed with the court, it lists Francis' occupation as band council chief.

Aileen Marie Francis was given until Jan. 30 to find a new lawyer. NEW GLASGOW NEWS

Lawyer

41, was charged with de-

Pedestrian hit at crosswalk

A woman was hit by a vehicle at the intersection of Cunard and Gottingen streets in Halifax on Monday morning. She was walking when a vehicle hit her at around 9 a.m. She was taken to the hospital with injuries that appeared to be non-life-threatening, said Const. Brian Palmeter. spokesman with the Halifax Regional Police. "She was taken to the hospital with a lower-body injury," he said. METRO



Province to give resorts a facelift

The Nova Scotia government says it will spend \$3.1 million to upgrade three resorts in the province.

The money will go toward new beds, televisions, fridges and carpets for the Digby Pines Golf Resort and Spa, the Liscombe Lodge Resort and Conference Centre, and the Keltic Lodge Resort and Spa.

The province owns both the Digby Pines and Liscombe Lodge resorts.

It operates and maintains the Keltic Lodge, which sits on federal land in Cape **Breton Highlands** National Park.

The province says it will issue a request for proposals by April 1 to ensure the long-term success of the three properties.

Tourism Minister Percy Paris says the planned upgrades will make the resorts more attractive to potential buyers.

The government says it is also extending the management contract for New Castle Hotels and Resorts by a year to secure jobs at the three properties through next year's tourism season.

New Castle is a privately owned company that manages and operates resorts in Canada and the United States. THE CANADIAN PRESS

Dexter near the bottom for popular premiers: Poll





Darrell Dexter sits near the bottom of the pack when it comes to Canada's most popular premiers, a new poll finds.

The Angus Reid online survey asked a total of 7,282 Canadians in nine provinces about the performance of their respecpremiers, with Dexter's approval rating in Nova Scotia coming in at 39 per cent.

That figure is only higher than Ontario's Dalton McGuinty (38 per cent) and Quebec's Jean Charest (26 per cent).

Another 52 per cent of Nova Scotians disapproved of Dexter's performance, while eight per cent weren't sure.

A plus for Dexter is his rating is up six points from the same survey in August.

Saskatchewan's Brad Wall was the top-rated premier in his province with an approval rating of 71 per cent. Newfoundland Labrador Premier Kathy Dunderdale was next at 60 per cent.

Sitting just ahead of New Dexter was Brunswick's David Alward and British Columbia's Christy Clark, who both had approval ratings of 40 per cent.

The survey also asked for approval ratings of each province's respective opposition leaders. Liberal Leader Stephen McNeil finished with the third highest rating at 49 per cent. Another 29 per cent disapproved of McNeil's performance, while 22 per cent weren't sure.

Lorraine Michael in Newfoundland Labrador and Ontario's Andrea Horwath, both of the NDP, finished one-two with approval ratings of 57 and 53 per cent respectivelv. METRO

Poll details

The online survey was conducted between Nov. 25 and Dec. 5 and carries a margin of error of plus-orminus 1.2 per cent.

Brush fires worry neighbours

• It took some time for fire crews to locate source of smoke in Porters Lake area Fires quickly contained





giant plumes of smoke worried some Porters Lake residents on

Halifax regional fire services were alerted to the possible fire at 1:30 p.m., but it took some time for fire crews to pinpoint the exact location of the fires.

Firefighters discovered several small brush fires that were set in a new subdivision on Sugarwood Court in Porters Lake, said

Fine for burning

Generally, Dave Meldrum said fire services would speak to the property owners about the issue, but they can issue an order or a fine for improper burnina.

fire spokesman Capt. Dave Meldrum.

"They did encounter some construction equipment and some large brush fires," Meldrum said. "I don't know if they were able to contact any

property owners."

Brush fires, under permit, are allowed this time of year but these fires were larger than any permit would allow.

"They were certainly larger than they should be and there were too many of them," Meldrum said.

"This is a good time of year to do that type of work because the relative humidity is fairly high and the risk of spread is fairly low, but if there's too much material burning and it's creating a lot of smoke it causes concern from the community.



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North Koreans mourn 'Dear Leader'

▶ Kim Jong Il died of a heart attack on Saturday ▶ World waits to see how his power will be transferred

North Koreans marched by the thousands Monday to their capital's landmarks to mourn Kim Jong II, many crying uncontrollably and flailing their arms in grief over news of their "Dear Leader's" death.

North Korean state media proclaimed his 20-something son Kim Jong Un a "great successor," while a vigilant world watched for any signs of a turbulent transition to the untested leader in an unpredictable nation known to be pursuing nuclear weapons.

South Korea's military went on high alert in the face of the North's 1.2-million-strong armed forces following news of Kim's death after 17 years in power. U.S. President Barack Obama agreed by phone with South Korean President Lee Myung-bak to closely monitor developments.

On the streets of the North Korean capital, Pyongyang, people wailed in "How could the heavens be so cruel? Please come back, general. We cannot believe you're gone."

GRIEVING KOREAN WOMAN

grief, some kneeling on the ground or bowing repeatedly. Children and adults laid flowers at key memorials.

The death could set back efforts by the United States and others to get Pyongyang to abandon its nuclear-weapons ambitions, because his son — as an untested successor — may seek to avoid any perceived weakness as he moves to consolidate control.

The death comes at a sensitive time for North Korea as it prepares for next year's 100th anniversary of the birth of Kim Il Sung, the country's founder.

THE ASSOCIATED PRESS

international

community

on North

Korea

retaliates



PM calls for end to Korea's 'sad chapter'

Prime Minister Stephen Harper is urging North Korea to work toward promoting both the well-being of its people and stability on the Korean peninsula.

Harper, commenting on the death of North Korean leader

rean leader Kim Jong Il over the weekend, says he hopes Kim's passing will bring positive change to the isolated country.

He says Kim will be remembered as the leader of a totalitarian regime who violated the basic rights of

may attack South Korea, or the military might

take over.

the North Korean people for nearly two decades.

He's urging North Korea to close what he calls a "sad chapter in its history" and to work for peace.

THE CANADIAN PRESS

North Korea is no monarchy, of course, but one thing is certain: following the death of Kim Jong II, his son Kim Jong Un, reportedly 27 or 28 years old, will become the country's leader.

- Kim Jong Il's death didn't come as a surprise for North Korea, and there have been succession plans in place since 2005.
- kim Jong Un will take over, but he probably won't be the only leader. He may become more of a figurehead, with the National Defense Commission assuming more power than it had under his dad.
- While Kim Jong Un trains for his new job, his uncle Jang Song Thaek is predicted to act as the power behind the regime's face.
- Kim Jong Un may try to show his tough-guy credentials through international aggression.
- North Koreans have reason to rise up against the regime — but it's unlikely they will.

METRO WORLD NEWS



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News in brief



Bob Barker foots elephant bill

PRICE IS RIGHT. Former game show host Bob Barker will apparently cover the full cost of transporting three elephants from the Toronto Zoo to California.

In a statement, the PAWS organization says Barker will pay an unspecified amount to move Toka, Thika and Iringa to their new home.

Parents charged in sibling shooting

DELORAINE, MAN. The parents of a five-year-old boy who shot his younger sister on a farm in Manitoba are facing several charges, including criminal negligence and drug possession.

On Nov. 26, police went to a home and found a four-year-old girl had been shot just below the kidney — she has had surgery and is now recovering from her injuries.

THE CANADIAN PRESS

Lack of snow has cows thirsty

REGINA. The SPCA in Saskatchewan is concerned about how a lack of snow is causing a shortage of drinking water for cows this winter as it's not uncommon for cows to go to pasture in winter to eat snow.

THE CANADIAN PRESS

Curbing health spending

• Federal Tories' new plan to cut back health-transfer payments leaves some provincial ministers visibly angry

There was little Christmas goodwill spirit Monday as a meeting between provincial and territorial finance ministers and their federal counterpart ended in angry words.

Provincial finance ministers said they were astonished after federal Finance Minister Jim Flaherty "imposed" a new plan for how health money will be transferred to the provinces.

Flaherty said health transfers will continue to flow at the same six-percent increase rate they have been, but by 2018, the increase will drop to be tied to the rate of nominal GDP, which is the measure of economic growth including inflation.

"It's no present at all," said Ontario Finance Min-



ister Dwight Duncan.

"It's a lump of coal."

Duncan said his colleagues were all shocked at Ottawa's unilateral deci-

sion.

"He put the document in front of us and said this is how it's going to be."

Flaherty acknowledged

Transfer details

- Flaherty announced Monday new health spending investments of \$178 billion over five years.
- ➤ He said even when transfers drop to be tied to the nominal GDP rate, Ottawa is guaranteeing provinces the funding will never dip below a threeper-cent increase.

there has "obviously" been some concern among provinces.

He said his provincial and territorial counterparts were briefed about Ottawa's plans at a dinner last night.

"We do need to talk about the way forward in terms of being fiscally responsible, not only at the federal level but across the country, all the governments," said Flaherty.

THE CANDIAN PRESS

Slain baseball players remembered

Students, staff and ordinary Islanders played catch outside a Charlottetown, P.E.I. high school Monday in memory of two former students who were killed in a roadside shooting in Alberta last week.

Dozens of people donned

ball gloves and tossed baseballs on a field outside Colonel Gray High School, the alma mater of Tanner Craswell, 22, and his friend Mitch MacLean, 20. The two promising baseball players were killed Thursday along with Tabitha Stepple of Lethbridge, Alta.

Police said Stepple's former boyfriend, Derek Jensen, rammed the car they were in on a highway south of Calgary. He opened fire, killing the trio and wounding a fourth person in the car. THE CANADIAN PRESS

➤ Prince William, Duke of Cambridge, Catherine, Duchess of Cambridge, and Prince Harry attend the Sun Military Awards at Imperial War Museum in London on Monday.

Royals strut their stuff

The awards, run by The Sun newspaper, celebrate the bravery of members of the British armed forces and award those deemed to have served their country with the highest distinction in the past year.

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Man charged in assault on pregnant woman

A 25-year-old southern Alberta man has been charged with assault and resisting arrest in what Mounties are calling a disturbing attack on a pregnant woman.

RCMP say they got a frantic call from a woman in Black Diamond reporting her 8 1/2 month pregnant neighbour was being beaten by her husband.

When police arrived early Sunday, witnesses told police the man punched the woman repeatedly in the face, grabbed her hair and threw her to the floor, then jumped on her back.

Police also found a very drunk male holding a three-year-old child at the top of stairs.

They convinced him to hand over the child, but when officers tried to arrest the man, a struggle ensued

The woman was taken to hospital and police say there were no serious injuries.

THE CANADIAN PRESS

Phone hacking routine: Whistleblower's brother

• Practice was referred to by journalists as 'the dark side' • Scandal has implicated more British papers

Illegal voicemail interception and cellphone tracking was a matter of routine at both The Sun and the News of the World tabloids, the brother of a whistleblower at the centre of Britain's phone-hacking scandal said Monday.

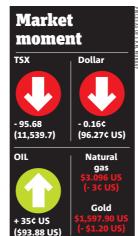
Stuart Hoare — brother of the late journalist Sean Hoare — told an inquiry into British media ethics that both papers, published by Rupert Murdoch's News International Ltd., broke the law as part of their "daily routine.

"The reality was that phone hacking was endemic within the News International group," Hoare said in a witness statement published on the inquiry's website. "I know this to be the case because Sean and I reg-



ularly discussed this and there are emails in existence which support Sean's description of a practice referred to during such meetings as 'the dark side.'

Sean Hoare was the first former News of the World journalist to publicly accuse his former editor Andy Coulson of being at the hub of a culture of wrongdoing



at the paper, an allegation that helped ignite the scandal that forced Murdoch to close the British tabloid. THE ASSOCIATED PRESS

TUESDAY, DECEMBER 20, 2011



Saudi prince buys stake in Twitter

Saudi billionaire Prince Alwaleed bin Talal and his investment firm, Kingdom Holding Co., are pouring \$300 million into Twitter. Alwaleed, a nephew of the Saudi king, has a history of investing in media and technology companies.

No threat of Christmas strike: Pilots

The Air Canada Pilots Association says travellers do not have to worry about a strike over the busy

Christmas season. The union group issued a statement to that effect. Pilots aren't in a legal strike po-

sition until mid-February, when they face a potential deadline.

THE CANADIAN PRESS







BlackBerry® Curve™ 3G

Offer ends December 31, 2011.

Good call



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Walmart > '<

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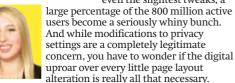
Halifax Shopping Centre

YOUR PAST REARS ITS UGLY HEAD ON FACEBOOK

SHE SAYS ...

IESSICA NAPIER

Everybody hates change, especially us over-entitled Facebook users. Whenever the developers at the omnipresent social networking site make even the slightest tweaks, a



So when Mark (King of the Internet) Zuckerberg announced that Facebook would be overhauling the entire site and introducing its new Timeline feature, all kinds of Internet hell broke loose. The angry masses took to their keyboards to protest about the changes in fuming status updates, ironically using the very medium they're criticizing to complain about it. How very meta right? Somewhere, Marshall McLuhan is smiling.

Once upon a time, Facebook sold itself on connecting people, but the new feature (which finally launched worldwide last week) reveals what the site has really been

about all along: vanity.

"And remember all of those lost photos from your fat years that were once buried in ancient albums? Well now they're just a click away!"

More visual and customizable, Timeline lets you play curator in a museum of your own digital history. The scrapbook-like interface means users can upload not one but TWO profile photos, enabling a more two-dimensional form of narcissism. So now you can post that here-I-amdrunk-at-a-bar-throwing-upoffensive-hand-gestures snapshot juxtaposed against a wide-angle photograph

from your trip to Southeast Asia last year. All of which to prove to your friends that you might actually have some substance.

More importantly, Timeline's neatly organized yearly catalogue makes taking a walk down memory lane that much easier. Us early adopters (I've been sharing my own mundane personal details since November 2005), we can't resist the temptation to jump back and forth throughout the years, reliving our not-so-distant past through old conversations and tagged photos.

Remember when you signed all your wall posts with your name at the bottom because it was maybe kind of like an email? How silly. And remember all those lost photos from your fat years that were once buried in ancient albums? Well now they're just a click away!

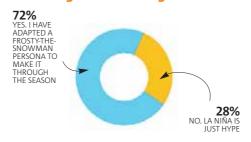
Yes there's plenty to discover on Facebook in the age of Timeline. But before you publish your digital autobiography, you might want to take a moment to edit those posts from the years before you accepted your mom's friend request. After all, Facebook is the one place where life's most cringe-worthy moments can be deleted for good.

••••• Read more of Jessica Napier's columns at metronews.ca/shesays



Register at metropolitanpanel.ca and take the quick poll

Are you ready for the messy, unpredictable and stormy winter that meteorologists are calling for?



Local tweets



@Mrjsamps: What's wrong with this world

when u have 15 year olds Murdering old ladys?? Anyone wanna anwser that for me? #halifax #wtf

- @MattBoudro: Matthieu Boudreau Over 200\$ for a Tom Petty ticket in Halifax. WOW! Is there a beer tap at every seat? free food? Do I get a picture with him? oh Nothing!
- @funkycadillac: It blows my mind when ppl who live in Halifax, the best city,

take off and leave at Christmas time, when this is the best place to be.

- ▶ @ClaudiaHabib: Proud to say I have done 75% of my xmas shopping at local Halifax stores. Have not set foot in Walmart once! #fb
- @mandersoncooper: As far as I'm concerned the more the merrier in the run for Mayor, Let's just hope Halifax doesn't choose the devil it knows again.
- **@Athompson7:** Beginning to look a lot like summer #halifax

PHOTO CHALLENGE WINNERS

• The winners of the 2011 Metro Global Photo Challenge have been chosen • One of this year's winners lives in Montreal

Metro is proud to present the winners of the 2011 Metro Global Photo Challenge. After 162,000 submissions from thousands of photo enthusiasts, Metro readers and a star-studded jury have selected their top four.

The winning entrants each earn a trip worth roughly \$1,300 to any of 100 cities where Metro is published. METRO WORLD NEWS

MOMENTS OF MY LIFE WINNER: THE MAGIC LANE



Metro spoke with music-management student Pierre-Philippe Kikhounga, 26, who is from Paris but lives in Mon-

Tell us about your winning



It was a sunny day in Parisian district Étienne Marcel. Moments before I took this shot, I was thinking to myself how lucky it is for a photo lover to roam the streets of Paris. All of a sudden, I heard children playing, went around the corner, saw the children having fun, got on my knees and quickly shot the photo.

The prize is a trip to any Metro city in the world. Where do you plan to go?

"This image takes us all back to that childlike freedom when none of us had a care or worry in the world. A delightful reminder of the joys of youth. You can almost hear their cheers!

JURY CHAIRMAN NIGEL BARKER

I will probably choose a city in Latin America: Brazil, Mexico or Chile.

turing the perfect picture? For me, there is no such thing as a perfect picture – only a perfect moment and a perfect time. The only tip Î can give is don't see

but watch.



What's your secret tip in cap-

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10k	\$16.16
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dola Collis	
Gold Coins Under 24kt (Per Gram of Gold)	\$45.17/gram
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Silver Bullion	\$26.42/ounce

Silver

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Stamped .800 Silver	\$0.48/gram
Unstamped Solid Silver	\$0.39/gram

Canadian Silver Currency

Coins from 1966 or earlier	14.0 Times Face Value
Coins from 1967	11.0 Times Face Value
Coins from 1968	8.5 Times Face Value

American Silver Coins

Coins from 1964 or ealier 15.2 Times Face Value

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Platinum Jewellery (stamped 950) \$28.75/gram 999 Platinum Coins \$36.51/gram

> *Canadian Dollars Last Update 12/19/2011

Example Purchase 1:

Purity: 14k • Weight: 193.50g PRICE: \$4,376.97



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Example Purchase 3:

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THE BUST A MOVE O

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scene

Scene in brief

Paul McCartney is re-

leasing an album of

standards - plus two new songs of his

own. The former

Monday that his

Beatle announced

new disc will be out

on Feb. 7. It doesn't

have a title yet. He's

tine, on his website.

their own writing by

them he first heard

when his father per-

Eric Clapton and Ste-

appearances on the

recorded with Diana

McCartney says he's been thinking about

years and, at age 69, figured "if I don't do

it now, I'll never do

THE ASSOCIATED PRESS

the project for 20

Krall and her band.

vie Wonder make

disc, which was

formed them at

home on piano.

McCartney says he and John Lennon

were inspired in

some of the standards. Some of

already streaming one song, My Valen-

Best and worst of 2011

Defore we get carried away with promising new movies of 2012, let's take a moment to remember 2011 in film • Here's Metro's picks of the best and worst the year had to offer



The Best

1. Hugo

Whether in 3D or not, Martin Scorsese's tribute to childhood and the early days of cinema dazzles and enchants — thanks in no small part to newcomer Asa Butterfield as the titular orphan keeping the clocks in a Paris train station running.

2. Shame

All nudity jokes aside, Michael Fassbender turns in one of the most powerful performances of the year as man feeding his sex addiction while trying to keep the rest of life at arm's length. A bummer of a film, to be sure, but it's a more honest and unflinching look at life than audiences have seen in a long

3. Beginners

A sweet and crafty film, Mike Mills' semi-autobiographical tale about a man (Ewan McGregor) dealing with his 75-year-old father (Christopher Plummer) coming out of the closet is quite simply a thing of beauty.

4. Like Crazv

Fair warning: This film is trying to break your heart and it succeeds, thanks to frank and risky improvised performances by Felicity Jones and Anton Yelchin as young lovers who make stupid but whole believable decisions for the sake of love. Quietly devastating.

5. Weekend

startling debut from British filmmaker Andrew Haigh that chronicles the meeting and subsequent three-day romance of two men in elegant, true-to-life frankness.

The Worst

1. J. Edgar

There were arguably worse films this year — just check further down this list — but Clint Eastwood's simultaneously too subtle and clumsily loud biopic fails more spectacularly



wer couldn't save the clun

than the rest. Given the Oscar-winning talent volved. the artless melodrama of J. Edgar is particularly startling.

2. Waiting for Forever

It's not nice to pick on smaller films, but this indie gem was so egregious it demands mention. Its greatest offence? Playing stalking and mental illness off as cute rom-com behav-

3. New Year's Eve

A romantic comedy Death Star that can't hide its cynicism, the movie did manage to sneak in Sarah Jessica Parker being introduced by the sound of horse hooves, so it's not a total loss.

4. Larry Crowne

A completely tone-deaf and sexless romantic comedy. featuring Tom Hanks and Julia Roberts doing their best approximation of "everyday people" — and showing just how out of touch they are.

5. The Twilight Saga: Breaking Dawn — Part 1 Criticizing the Twilight franchise is a futile enterprise, of course, but this latest entry — half a book stretched out far longer than the story can support - brings something new to the series' list of offences: It's unbearably boring. Also, no title should need that much punctua-

Movie reviews

The Girl With The

Dragon Tattoo Genre: Drama **Director:** David Fincher Stars: Daniel Craig, Rooney Mara, Stellan Skarsgard

Sweden and director David Fincher were apparently made for each other. In the English-language version of the Girl with the Dragon Tattoo, Fincher certainly makes the most of his stark locations, with the wintry scenes almost in black and white. The man just knows how to move a camera, with even pans across quiet hallways and motorcycles zipping around curves a feast for the eyes.

The real reason to see the film, though, Rooney Mara rough-

edged computer hacker and ward of the state Lisbeth Salander.

She stalks the frame, hitting both self-assured power and self-doubting vulnerability naturally. Her counterpart, Daniel Craig disgraced journalist Mikael Blomkvist, impresses as well as a very un-Bond not-so-super sleuth.

J. Edgar's star po

from crashing.



- BAYERS LAKE: (STC) Dolby Stereo, Stadium Seating Tue 8 Dolby Stereo, Stadium Seating Wed-Thu 1:10-4:45-8:25
- OXFORD THEATRE: (STC) Dolby Stereo Digital Tue 8 Dolby Stereo Digital Wed-Thu 1-4:30-8
- LOWER SACKVILLE: (STC) Dolby Stereo, No Passes, Stadium Seating Tue 7:45 Dolby Stereo, No Passes, Stadium Seating Wed-Thu 12:50-4:15-7:45

When their story lines converge halfway through the film, the chemistry and

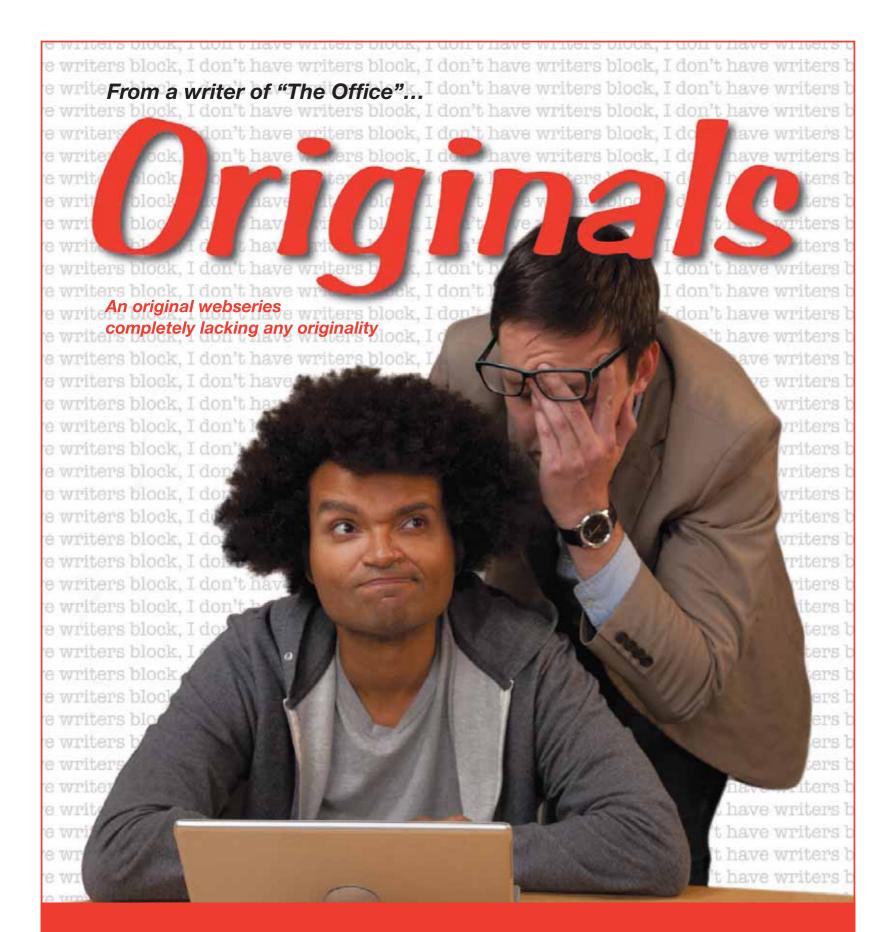
DARTHMOUTH

CROSSING: (STC) Dolby Stereo Digital, No Passes, Stadium Seating Tue 7 Dolby Stereo Digital, No Passes, Stadium Seating Wed-Thu 11:55-4-8

- TRURO: (STC) Dolby Stereo Digital, Stadium Seating, No Passes Tue 7-10:10 Dolby Stereo Digital, Stadium Seating, No Passes Wed-Thu 3:05-
- ► BRIDGEWATER: (STC) No Passes Tue 7:30 No Passes Wed-Thu 2:30-7:30

camaraderie is electric. More please.





In today's episode... "Smarty Pants"

The clock is ticking down to their big meeting with the TV Network. And just when it seems all hope is lost, Bryce comes face-to-face with the woman that could change everything, while Marsha is planning on coming face-to-face with Jason. Literally.



Celebrity tweets

At least Courtney's house was Pretty on the Inside

• Rocker evicted as owner finds hand-painted walls ruined, among other things

After damaging the decor in her \$27,000 a month New York City townhouse, Courtney Love has been evicted, according to the New York Post.

"I was horrified by what she had done. The walls that had been handpainted and glazed were ruined, covered in damask wallpaper and ice-blue paint," the owner, Donna Lyon, says of Love, who is reportedly two months behind on rent as well.

And that's after starting a fire in the master bedroom in June.

"I got a call from her accountant, who said, 'Miss Love is fine,' which I was glad to hear," Lyon says. "But I thought, 'What about the house?"

METRO





Ellen moves in to Pitt's home

Brad Pitt didn't have to look far to find a buyer for his Malibu mansion: Ellen DeGeneres and Portia de Rossi snatched up the \$12-million property with private beach access this month, according to Us

Weekly.

"It was a quick transaction and Brad's stuff is already out," a source says.

"Ellen and Portia would like to start using the house immediately."

METRO





Can't find a newspaper.



He's no Belieber in old Saint Nick





Don't fear the feast

◆ The holidays can do some serious damage to your waistline ◆ But with some careful plans you can still enjoy the fun without suffering the New Year's hangover ◆ Read up and dig in



There are so many temptations at this time of year.

Whether it's the treats that constantly seem to be on offer at work, the huge family dinners, or junk food to accompany a movie, the holidays are famous for luring us into eating and drinking too much.

Eggnog, shortbread, gravy, and plenty of booze—beware.

The good news, according to Kim Arrey, a dietitian and nutrition coach in Montreal, is that, with a little advance planning and careful choosing, you can indulge without too much guilt.

She estimates that the average weight gain during the holidays is three to five pounds.

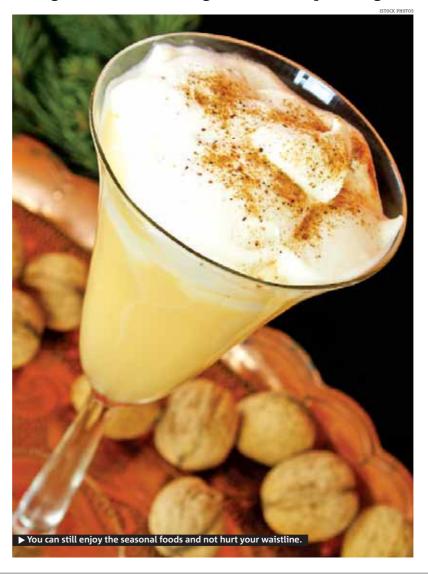
"When faced with so many opportunities to consume foods that contain more fat, more salt or more sugar, and may be less nutrient dense than usual, many people are overwhelmed. Since many of these goodies are only offered up once a year, the option is clear — eat the goodies."

Arrey recommends you accept that there will be temptations, and choose between them. For example, skip the eggnog but have one dessert, if dessert is your thing.

Holiday tips

Here are Arrey's tips for navigating the holiday season:

- Slow down Enjoy all aspects of your meal savour the taste and texture of your food and the conversation going on around you.
- Stay the course Eat your favourite foods, and drop the ones you eat just because they are there. "Plum pudding only comes around once a year, so if you enjoy it, leave room for it by not eating the mashed potatoes. Why waste calories on foods you do not like?" says Arrey.
- Snack Eat a snack between meals. This helps you eat smaller amounts at meals. Try a source of protein, such as nuts or cheese, along with fruit or vegetables and dip.
- Rule When putting food on your plate, remember the one-quarter, one-half, one-quarter diagram: Try to fill half of your plate with vegetables and only one-quarter of the plate with grains or potatoes and one-quarter of the plate with meat and alternatives. "Unless they are drowning in butter or sauce, vegetables are a great way to include great taste, nutrients and not too many calories."





Skin-care picks

These body balms are perfect for rejuvenating parched, sullen skin during the colder months.

L'Occitane Almond firming and beautifying milk veil

Contains micro pearls to pep up your complexion.

L'OCCITANE

\$33 loccitane.com



IP tables proposal to post warnngs, ban use of tanning beds by under-18s



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DAY FIVE

By this point, all the hard

exercise you did leading

up to Christmas has started to melt away.

"A week of letting go can make a difference," ex-

plains Goodair. "Too much

of anything is bad for you.

Excess sugar adds belly fat,

salt increases blood pres-

sure and fatty foods are

high in calories. The best

way to counteract the binge is to clean out your

system. Drink around 1.5

litres of water a day to keep the body hydrated and eat sensibly and sim-

ply. Don't eat all your calo-

ries in one meal but spread

them out throughout the

Addiction Services

Enjoy a guilt-free holiday

Winter break means 10 days of being fat and lazy ◆ But how much damage is done day by day? ◆ Fitness trainer Jonathan Goodair, whose Total Body Plan has helped Ralph Fiennes, is here to help ◆ Plan now, enjoy tomorrow



DAY ONE

You've gone all out with the food; getting through heaps of potatoes, pie and turkey. "The only damage done is mental damage," says fitness trainer Jonathan Goodair.

"Women are under more pressure than men to look good. They restrict what they eat as they think they can't indulge if they want a flat stomach, skinny thighs or a great bum. All this panicking increases stress levels, but weight gain doesn't happen overnight and one slice of cake won't make you fat," he explains.

"There's no point in not participating in all the good things that come your way. You'll do no physical harm by pigging out for a few days."

DAY TWO

Leftovers. You want them. You eat them. You also watch a marathon of reality TV and rarely move from the couch.

"Enjoy the food while it lasts. Traditional food isn't the healthiest, but if you're going to sit there doing a calorie count, there are ways to make it healthier. Avoid too much sugar, stuffing, potatoes and cranberry jelly and go for the turkey and green vegetables," says Goodair.





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"Booking personal training sessions or enquiring about health clubs before January is a good way to put your mind at ease during a lazy holiday."

JONATHAN GOODAIR

going. You will feel stodgy, so be harsh with yourself and shake off all the accumulated laziness by picking a specific time in the day when you will actively stimulate your body.

DAY 10

All that food was totally worth it. The damage is done but it's not irreversible.

"The best way to lose weight is to do engaging, big moves. The larger muscle groups require more energy to work, raising your heart rate higher and burning more calories," says Goodair. "Swimming, running, power walking and aerobic activities are perfect. Cut out all sugars and eat lots of green leafy vegetables and lean protein for a few days to kickstart your metabolism. Workout for three days a week and within two weeks you should be back to your old self."



Capital Health



Discover why Wasabi House is busy

• Nice atmosphere and good eats merit return visits



LUNCH RUSH

VALERIE MANSOUR

FOOD@METRONEWS.CA



The new Wasabi House has been busy since opening day. It's wise-

ly enticing the film-going crowd at the nearby Oxford Theatre with a 9 to 11 p.m. happy hour.

I had an impressive takeout order when it first opened.

Today we sip our Brown Rice Tea (\$1.75) while perusing the lengthy menu.

My pal selects the Bento Box lunch special (\$10.95) with stir-fry shrimp, rice and salad and two personally chosen items — threepiece spicy tuna roll and house-made gyoza (dumplings).

The lunch is tasty — especially the dumplings and

shrimp — but it's skimpy and his chopsticks wander to my Sushi Lunch (\$11.95).

The one slice of nigiri salmon, whitefish, egg and shrimp, plus three California, three spicy salmon and three kappa (cucumber)

rolls are artfully presented and fresh-tasting.

Service is slow but our server brings complimentary miso soup to sooth our impatient souls. Wasabi House has a nice feel.

We'll be back.

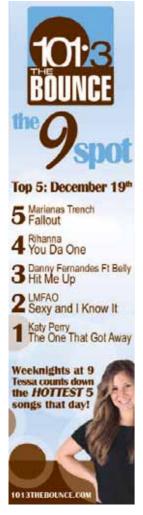
Wasabi House 6403 Quinpool Rd. 429-3300

Hours: Mon - Sun (11 a.m. - 11 p.m.)

Reservations: Yes

Quick solo lunch: No Social lunch: Yes Client negotiations: No Co-worker lunch: Yes Price range: \$\$ Rating: 3 out of 5









CHARLES THE BUTLER



ASKCHARLES THEBUTLER@ METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

What is appropriate to expect from children with regards to table manners and etiquette? Myself, I always taught my children well. but I am appalled at the lack of manners of so many children these days. **Sticky for Manners**

Dear Sticky for Manners,

Well, the world has changed and children's manners aren't what they used to be. One of every parent's nightmares is taking their children in public being embarrassed from their lack of social skills. So lets review what is appropriate social behav-



Children should taught manners and social skills from a very young age. As soon as they are able to start to reason and understand verbal language you can start with a simple please and thank you.

Once children start to get older (five to eight), learning table manners becomes important.

Understanding how to correctly use a knife and fork at the table, how to leave the table, drink from a glass, etc. Now for those parents who think you can do this the night before a family event, that is where you are going wrong; turning these skills into everyday habits is the objective.

Some of the reasons you need to practice this at the family kitchen table every night are because:

1. You must practice a new skill for 21 days to start a pattern.

2. It takes 100 days for this new pattern to become automatic.

This is why you must begin and practice manners daily at home. Remember, good manners are not just for when you have guests or are entertaining; manners are to be applied everyamongst family friends members, and work

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@ METRONEWS.CA

MANNERS TAKE TIME, PRACTICE Guide to peacocking

• Plenty of holiday parties to attend the next few weeks? • Read on to learn how to become the life of the party

Stressed out about the office Christmas party or your neighbour's drop-in bash for New Year's Eve?

You could send your regrets, or show up and hide in the corner while pretending to text all night.

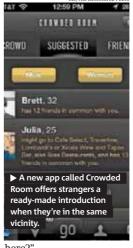
Or you could go the other way and dazzle the guests with your outfit, wit and charm. Here's a guide to peacocking - or how to be the life of the party.

"Wear something festive: A colourful tie, an interesting pin or fashionable shoes are great conversation starters," said Jacque-Whitmore, line etiquette expert and author of Poised For Success. "People tend to gravitate towards people who stand out or look interesting."

Nightingale, Christie principal of Premier Match, an upscale matchmaking firm, agreed, saying: "Stand out from the crowd by wearing a bright colour, like red or emerald green, not black."

CONVERSATION

Have a list of easy questions in mind as conversation starters: "How's it going? Who do you know here? How did you get



here?

Jokes can work, but be careful not to offend.

You could also brush up on current events, but be aware that most people would rather chat about subjects that are "easy and fun instead of getting so serious.'

INTRODUCTIONS AND COMPLIMENTS

'Walk around, get a solid idea of who's in the house and side right up to someone who seems interesting - maybe they're wearing a bright sweater, or a fun hat $\stackrel{\smile}{-}$ and give them a compliment," said SianPierre Regis, founder of the Swagger: New York style website. "Then introduce yourself."

TOASTS

For an office party, "another way to stand out, which takes a lot of practice and preparation, is to offer a very brief, humble toast, thanking your co-workers, colleagues, and the executive team for being great co-workers, colleagues, team, etc.," said Matt Eventoff, owner of Prince-Public Speaking, ton which trains executives for public appearances.

At a social gathering in someone's home, a simple toast might thank the hosts for bringing everyone together with good food, drinks and company.

"Give them your Mona Lisa smile," said Suzanne Zazulak Pedro, an executive coach and founder of The Protocol Praxis. Not a fake Pan Am stewardess smile, as she put it, but a closelipped half-smile, "like you have a secret. It will not only make people wonder what you are up to, but it will also help initiate conversations."

THE ASSOCIATED PRESS

Take Me Home!

Celina - Domestic Medium Hair

This is one seriously extroverted girl!

This exceptionally friendly cat is like a fluffy snowball. She responds very enthusiastically to any kind of gentle affection and leans in to enjoy the maximum amount of pleasure. As you can see from her portraits, she loves the camera. Her lemon-lime



eyes are on the lookout for new adventures with new friends. It's hard to overstate just how engaging Celina is...

For more information on Celina and other adoptable furry friends, visit www.pas.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 468-7877 or info@pas.spcans.ca

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On a quest to make new friends

Making friends shouldn't be complicated. We've been doing it since we were kids, right?

But for many of us, as a new book points out, "friend-making is not the natural process it used to

Chicago transplant and journalist Rachel Bertsche discovers this the hard way when she finds herself without close friends to speak of, two years after moving.

She comes up with a game plan to change her situation - go on one friend date a week over the next year, 52 in all.

MWF Seeking BFF: My Yearlong Search for a New Best Friend chronicles Bertsche's quest. If reading





about several dozen meetups sounds like a drag, it can be at times. But more often than not, Bertsche's skill as a writer and the myriad ways she finds potential dates keep things interesting.

She asks current friends to set her up, approaches

prospects at her yoga class neighbourhood and restaurant, signs up for a speed-friending event, consults a friend matchmaker and, demonstrating she's willing to give anything a shot, even tries a Rent-a-Friend website.

The book is also peppered with intriguing research on topics like what makes friends click, how many friends we need and the health benefits of having friends. ("Researchers found that having low levels of connection is comparable to smoking 15 cigarettes a day or being an alcoholic, more harmful than not exercising and twice as harmful as obesi-

THE ASSOCIATED PRESS

Beware online pickpockets

ON MONEY

ALISON GRIFFITHS MONEY@METRONEWS.CA



In this season of joy and giving and shopping who wants think about getting

ripped off?

But in this era of cyber predators we must take as much care with information as you would with your wallet in a place frequented by pickpockets.

The Financial Consumer Agency of Canada (fcac.gc.ca) urges everyone to be a little extra vigilant during the holidays, since we are often rushed and trying to do two things at once.

Justin Hwang, associate vice president of Fraud Management at TD Canada Trust, says that bogus websites can easily snare the unwary.

He notes that website addresses beginning with https:// are usually secure. But if you update your antivirus software regularly you'll be alerted to the phony ones.

With so much shopping going on at this time of year you should also

Fraud is an increasing problem but you can protect yourself with a little bit of vigilance.

-ALISON'S MONEY RULE

Cyber fraud

Here are a few ways to protect yourself. Be sure to share these tips with your children as they are the fastest growing group of online consumers.

- Don't shop online using public or unsecured wireless Internet.
- Be cautious about sharing too much information on social networking sites.
- Be sure you know a site is secure before entering personal information.
- Use virus or spyware protection software and update it regularly.
- Avoid using the automatic password or personal information log in function on your computer.
- Don't use Wi-Fi hotspots to log into your social networking pages.

take a glance at your credit card and bank statements more often than normal to catch any unauthorized activity.

When you are short of time it's tempting to hand over your credit or debit card to a child to make certain purchases for you.

Aside from the fact that such use violates your contract with the bank, even the most responsible kids don't necessarily understand the importance of being vigilant about



But, of course, many youngsters these days have their own debit cards and may be authorized users on a parental

Watch them as they

use these cards and coach them about ensuring their card is always close at hand.

They shouldn't put it on the cashier's counter where others in line can

And keeping their PIN one giant secret is vital. I recommend kids change their PIN every six months or so.

Have a wonderful and

secure holiday. ALISON GRIFFITHS IS THE AUTHOR OF THE UPCOMING BOOK COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM.

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RISTMAS



lames At the Armdale Rotary 477-6770

December 24th Christmas Eve 4:00 pm Family and Children's Communion Service

10:00 pm Traditional Choral Eucharist

December 25th Christmas Day 10:30 am Holy Communion (BAS, said)

Saturday December 31st New Year's Eve- Naming of Jesus 6:30 pm Holy Communion

(BCP) - All Soul's Chapel Sunday January 1st New Year's Day -Naming of Jesus 9:30 am Holy Communion (BCP)



West End Baptist Church 1986 Preston St, Halifax

Christmas Eve Candlelight Service Saturday, Dec 24 • 5pm

Christmas Day Service Sunday Morning 10:30am (Combined Service with Halifax Chinese Alliance Church)



Saint Benedict Roman Catholic Church

45 Radcliffe Dr, Halifax • 443-0725 • saintbenedict.ca

We welcome you to our Christmas & New Year's Celebrations

Christmas Mass Schedule

Christmas Eve, Dec 24: 6pm • 8:30pm • 11:00pm

Christmas Day, Dec 25: 9am • 11:15am

New Year's Mass Schedule

Saturday, Dec 31: 4pm

Sunday, Jan 1: 9am • 11:15am

New Year's Levee, Jan 1: 12:30pm-3pm



Christmas and New Year's Mass Schedule Corner of Barrington & Spring Garden Rd

CATHEDRAL

Christmas Eve

8:00 pm • Carols at 7:30 pm • 12:00 Midnight Organ recital by Alan Fraser at 11:10 pm Carols at 11:30 pm

Christmas Day

7:30 am • 10:30 am • Carols at 10:00 am

New Year's Eve

 $4{:}00~\mathrm{pm}$ Anticipated Mass for Solemnity of Mary, Mother of God

New Year's Day - Solemnity of Mary, Mother of God 7:30 am • 10:00 am • 5:00 pm

Archbishop's Levee: 11:00 am-12:00pm



FIRST BAPTIST CHURCH HALIFAX 1300 Oxford Street (near South)

Christmas Eve ~ Christ Candle 4:00 p.m. Family Service Featuring the participation of Children and Families

11 p.m. Communion Service

Candlelight, Carols, Quiet Reflection

December 25 ~ Christmas Day Inter-generational Service

January 1 ~ Christmas 1

Have Dominion?... - Rev. Nelson Metcalfe



Schedule

Saturday, December 24, Christmas Eve

4.00PM Children and Families Christmas Pageant. All are welcome to join this service--no advance

11.00PM Midnight Mass with candles and special music

Sunday, December 25, Christmas Day 10.30AM Choral Holy Communic

Sunday, January 1, New Year's Day 5.00PM A Candlelight Service of Nine Lessons and Carols. Music by Boris Ord. Herbert Howells, and Ralph Vaughan Williams. Followed by a party in the hall with carol-singing, mulled wine, and refreshments.

Friday, January 6, Epiphany

7.00PM Choral Holy Communion with preacher Dr David Deane, Professor of Systematic and Historical Theology at the Atlantic School of Theology. Followed by an Epiphany party

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WWW.FIRSTBAPTISTHALIFAX.ORG

Abeltshauser golden vs. Norway



Abeltshauser helped host Germany win a gold medal at the second level IIHF world junior championship on Monday.

The 19-year-old Halifax Mooseheads defenceman scored the game-tying goal in Germany's 5-3 win over Norway as the country earned a promotion to next year's top-level IIHF world junior championship in Russia.

Abeltshauser, one

nine Canadian Hockey League players on the German roster, was named the tournament's top defenceman and was selected by the coaches as the top player on his team.

The six-foot-five San Jose Sharks draft choice led the six-team tournament with a plus-10 rating and topped all defencemen in scoring with a goal and six assists for seven points in five games. metro

QMJHL TRADE PERIOD

Cataractes add depth on defence in Armada trade

The Shawinigan Cataractes made the biggest move as the QMJHL trade period opened on Monday. The Cataractes, who host the Memorial Cup in May, acquired blue-liner Jonathan Narbonne from the Blainville-Boisbriand Armada for first- and third-round picks.

Narbonne, 19, has six goals and 13 assists for 19 points in 27 games.

In other moves, the Baie-Comeau Drakkar swapped winger Alexandre Durette and a firstround pick to the Val-d'Or Foreurs for defenceman Jean-Francois Leblanc.

The trade period closes on Jan. 7. • METRO

sports

Quoted



"I'm feeling good. I feel like I'm where I want to be and obviously I'm trying to work and just keep improving every

PLAYED ON HIS TEAM'S RECENT FIVE-GAME ROAD TRIP.



day. CANUCKS GOALTENDER ROBERTO LUONGO, WHO ALLOWED JUST EIGHT GOALS IN THE FOUR GAMES HE





Bruins hold off hurting Habs

• Canadiens club can't pull out win in Boston with coaching turmoil raging in Montreal



It doesn't matter who is coaching the Canadiens or how many points separate them from Boston in the standings, the Bruins never take it easy against Montre-

David Krejci scored off his skate to break a secondperiod tie, and Tim Thomas stopped 33 shots on Monday night to lead Boston to a 3-2 victory over the slumping Canadiens. Montreal lost its third straight game — two of them since firing coach Jacques Martin and replacing him with Randy Cunneyworth.

"It's like a wounded animal," said Bruins forward Andrew Ference, who assisted on Krejci's goal. "They become pretty danwhen they're backed into a corner.

"You don't take people for granted. Fired coach or not, you prepare for every team like they're dangerous, because that's the real-

Benoit Pouliot and Brad Marchand also scored for the Bruins, who have won 19 of 22 since losing backto-back games to Montreal



▶ Bruins forward Brad Marchand, from Hammonds Plains, scores on Montreal goalie Carey Price in Boston Monday night.

at the end of October.

"I don't even look at the standings," said Thomas, the defending Vezina and Conn Smythe Trophy winner. "I don't think too much about who the coach is and who the coach isn't. That's a distraction."

Carey Price made 28 saves and Tomas Plekanec scored for the Canadiens, who have lost nine of their last 12 — a streak that cost

one of the NHL's winningest coaches his job and left them in last place in the Northeast Division.

The Canadiens fired Martin on Saturday, cutting loose a coach who earned his 600th NHL victory last vear - ninth on the career list. Cunneyworth was an assistant on the staff; his promotion has caused controversy in Quebec because he doesn't speak French.

"Whoever's on bench it's always tough to lose two games," Plekanec said. "And it's not fun at

Boston led 3-1 when Montreal pulled Price and cut the deficit to one.

After a turnover in the Boston zone, David Desharnais shot from the right circle and Erik Cole tipped it past Thomas. The Canadiens, again with a 6-on-5, put

pressure on for the final minute but Chris Campoli's shot on an outnumbered Thomas hit a Montreal player in front.

Thank God we got another goal because we needed it," Bruins coach Claude Julien said.

Dennis Seidenberg hit the post of the empty net with less than a second to

THE ASSOCIATED PRESS

Habs' coach contretemps continues

• Canadiens owner issues statement amid controversy over new bench boss who can't speak French

The owner of the Montreal Canadiens was forced to issue a public statement Monday amid an explosive clash between hockey and language.

For weeks Quebec has been awash in reports of the perceived erosion of French-language rights, with constant news about companies failing to provide services or hire employees who speak the province' majority language.

Enter the Montreal Canadiens, perhaps Quebec's most cherished institution.

The team once known as the Flying Frenchmen now has almost no francophone players. And on

the weekend, it did something that triggered a firestorm of controversy in Quebec — it hired a coach who speaks zero French.

The hiring of Randy Cunneyworth was enough to prompt calls from nationalist fringe groups for a boycott of products related to the Habs. One political commentator even suggested local hockey journalists should refuse to address Cunneyworth in English.

And Quebec's entire political class predictably weighed in, with politicians of every stripe calling the move unacceptable.

Habs owner Geoff Molson responded with a statement, crafted so cau-



tiously it could have been penned by a political speechwriter.

In it, Molson performed a delicate two-step. First he explained why Cunneyworth was the right man for the job, then in the next paragraph stressed how important French is to the organization.

Molson explained that Cunneyworth was hired because he is talented and also, as the team's assistant coach, is in the best position to step in immediately and help the team win.

Cunneyworth was hired with a unique title — as in-

terim coach for the rest of the season.

"The action was taken to remedy the situation without further delay," Molson said. "Randy Cunneyworth is a qualified and experienced coach who has earned the respect of the players and everyone within the organisation."

Molson pointed out that the position will be re-evalulated at the end of the season.

He said language will be a factor when, after the season, the team has to hire a permanent coach. He said finding a coach who can win is the main priority, but language ability will also count.

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27

Crossword

Across 1 Grand tale 5 Advantage 9 Dine 12 Isinalass 13 Abound 14 Paid athlete 15 Dramatic public display 17 ld counterpart 18 Conversation 19 Indy car, e.g. 21 Fill the tank 24 Neighbour of Java 25 Tears 26 T-bars, e.g. 30 Citric beverage 31 Beg 32 A Gershwin brother 33 Parts of Sunday's newspaper 35 God (Lat.) 36 Actress Skve

35 God (Lat.)
36 Actress Skye
37 Factions
38 Greedy kid's demand
40 Dalai —
42 Praise in verse
43 Theorize
48 Coffee break hour
49 Throat-clearing
sound
50 One

51 Owns 52 Toll road 53 Maze option

Down

1 Type measures 2 Spot on a domino 3 Lemieux milieu 4 Desert plant 5 Catchall abbr.

6 52 cards 7 Hair goop 8 Green stone 9 Gave details 10 Incite

10 Incite
11 Indigent
16 Spigot
20 "The Greatest"
21 Mardi —
22 Staffer
23 Samples

23 Samples 24 Prejudice 26 — gin fizz 27 "Jeopardy!" le

27 "Jeopardy!" legend Jennings 28 Verifiable 29 Lip

31 Conifer exudation 34 Cruise or Selleck

35 Broadband ancestor

37 Dallas sch. 38 Morbid style of rock music

39 Concept 40 Welsh emblem 41 Pinnacle

44 — Beta Kappa 45 Literary collection

46 — for tat 47 Biblical verb ending

Sudoku

3								9
			2		9			
	5	9	6		8	7	1	
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2 9

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic

Yesterday's answer ▶

Partly cloudy

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Prince Charming/Robbie Bear Sorry, I'm not interested anymore. Thanks for sending the fake messages that I am not author of. FROM THE DEVIL

Not sure if you wrote me to-I'm not confident enough that it came from you. Because the last time I called you, you didn" even know who I was. I've never been so embarassed. I want more than anything for you to tuck me in. If it's the devil, then know this, I'm so happy and I get happier everyday. You can write all you want, but it will never make it better or change anything. I feel sorry for vou. Dolphin

FROM I CAN'T COMMUNICATE LIKE THIS!

Today's horoscope

T Aries March 21-April 20 Why stress yourself out when with the same amount of effort you can have a great deal of fun?

▼ Taurus April 21-May 21 You will be tempted to go to extremes in your personal life today.

II **Gemini** May 22-Jume 21 Put money worries behind you and do something that makes you feel good about yourself. If you feel the need to get away from your everyday environment just get up and go. You don't have to ask for permission.

• Cancer June 22-July 22 Promise yourself here and now that no matter what happens over the next few days you won't overreact.

Sometimes you can be too emotional for your own good but you must stay calm over the holiday period.

Ω LeO July 23-Aug.-23 A few days from now you may look back and feel guitty about some of the things you said and did, but today you will just say them and do them and to hell with the consequences — you really don't care.

W Virgo Aug. 24- Sept. 22 You won't hesitate to help someone in need today.

← Libra Sept. 23-Oct. 23 Someone you meet while working or pursuing a creative interest will get your heart racing today.

M Scorpio oct. 24-Nov. 22 You enjoy doing what others say can-

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➤ Yesterday's answer

For today's crossword answers and for expanded horoscopes, go to metronews.ca not (or should not) be done, but don't get carried away and do something that leaves a black mark

against your name.

** Sagittarius Nov. 23-Dec.
21 Do something different today,
something no one would expect

you to do.

**Y Capricorn Dec. 22-Jan. 20

You may want to impress someone who means a lot to you but don't go over the top.

Aquarius Jan. 21-Feb. 18
You have nothing to worry about and everything to look forward to.
Heisces Feb. 19-March 20.
Think with your head but feel with your heart. Listen to what your

heart tells you today — and act on it. **SALLY BROMPTON**

Today Wednesday

2°/0° Partly cloudy

8 6 9 3 2 5

6

2

4 3 7

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9 8 3

5 2 4

3 4 8

1 6

6 1 2 7 5 8 3 9

7 3 6 9 1 2 5 4

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